

Book of strong words that will inspire women of our nation

Alice Coote

FOR Olympic gold medallist Emma Snowsill, it's believing in your dreams and never underestimating yourself.

For movie star Olivia Newton John it's the belief that love can conquer all.

From Miranda Kerr to Terri Irwin to Prime Minister Julia Gillard, they are some of our most influential women, offering powerful words of advice.

Women who succeeded in

politics, fashion, sport, media and business offer their insights in a new book by Karen Phillips titled *Women's Words of Wisdom, Power & Passion*.

The book was launched at Government House yesterday by Governor-General Quentin Bryce to coincide with the 100th anniversary of International Women's Day.

Ms Phillips said the book started with one woman, Christine Fortelny, and her inspirational story of living through

breast cancer three times. The cancer has recently returned for a fourth time.

"Christine is a woman of incredible fortitude. She joined us today at Government House and next week she goes in for her fourth operation," Ms Phillips said.

Ms Phillips said women always looked for mentors and to better themselves.

Olivia Newton John, who features in the book and wrote the foreword for it, talked

about love and life, as well as the impact on her life after having cancer.

She said her best life lessons were her mistakes, saying: "Be true to yourself which is sometimes harder than it sounds."

Olympic gold medallist Emma Snowsill, who won the triathlon in Beijing in 2009, talked about her career and offers her tips for success: "Never let anyone tell you it's not possible, no matter how far-fetched it may seem."



Top read: Governor-General Quentin Bryce at the book launch

Jailed for lobe act

A FORMER soldier who bit off a piece of a man's ear in an unprovoked assault and then boasted he had fed it to seagulls was jailed for five years yesterday.

Robert Rushby, 30, had been involved in a fight inside a Melbourne nightclub in which Jamie McAlpine, 19, intervened, a Victorian County Court jury heard.

Bouncers removed McAlpine from the club and he left willingly. But Rushby, who was also evicted, ran after McAlpine and attacked him, biting off his ear lobe and punching him.

Abbott's advisers

OPPOSITION Leader Tony Abbott is beefing up his advisory team, appointing Andrew Stone chief economist and Matthew Steen industry adviser. Both will join Mr Abbott's office next week.

Dr Stone is head of the prices, wages and labour market section of the Reserve Bank.

Dr Steen is the economist at Industry Super Network.



Lift: Abbott

Vaccine given OK

A VACCINE linked to a spate of child deaths in Japan does not pose the same risk in Australia.

Japanese health authorities are investigating the deaths of four infants after they were given the shots alone, or in combination with other drugs. The use of Prevenar, made by Pfizer and ActHIB, made by Sanofi-Aventis, has been temporarily halted in Japan.

The Therapeutic Goods Administration said yesterday the local supply of Prevenar did not come from the batch at the centre of the investigation in Japan.

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